

TZ MEDICAL SLIDE TUBE SAFE PATIENT HANDLING & MOBILITY

Overview:

The TZ Medical Slide Tube is a textile-based device designed to decrease friction associated with transferring and repositioning patients. Available in multi-use and disposable options, Slide Tubes are one piece of material with openings at either end. The openings must be placed in relationship to the direction of movement you desire (top and bottom of bed for lateral transfer and sideways for repositioning).

Instructions:

To Position Under the Patient

- Place tube on bed next to patient.
- Tuck under draw sheet until half way under patient.
- Go to other side of bed and pull the rest of the way through underneath the patient.
- Make sure to have tube under BOTH shoulders and BOTH hips.

To Boost/Scoot Patient up in Bed

- Position Slide Tube under the patient's draw sheet or cloth pad.
- First ask the patient if they can use their arms and legs to move themselves. If hospital bed, raise the knees to allow gravity to help.
- If patient needs help, carefully pull **draw sheet** (**NOT** Slide Tube) using good body mechanics.

To Turn Patient

- Position Slide Tube under the patient's draw sheet or cloth pad.
 - If 2 caregivers
 - If able, ask patient to help.
 - Caregiver 1: Push on patient's shoulders and hips to move them toward other caregiver.
 - Caregiver 2: **AT THE SAME TIME**, hold the draw sheet and push up and toward other caregiver to turn patient like a steering wheel.
 - If 1 caregiver
 - If able, ask patient to help.
 - Position Slide Tube under patient's draw sheet or cloth pad.
 - Turn pelvis like a steering wheel (pull up on far side draw sheet, push down front pelvic bone on close side.)

CAUTION:

- **MUST** be used under draw sheet or cloth pad.
- **NEVER** leave tube under a patient
- **DON'T** pull tube when in use, only the sheet or pad
- **EXTREME** slip, trip or fall hazard if left on floor

